

# Screenshots of Jesus

A companion study to the podcasts of Amber Albee Swenson on the  
life of Christ through the lens of Mark

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## Lesson Eight: Discussion Questions

1. There's a difference between knowing there's a god and believing and trusting in God. Many people believe there's a god. And in this account even the demons knelt before Jesus. What characteristics show that you believe and trust in God vs. just know there is a God?

2. Are you trapped by your choices? What is your biggest struggle/the thing you would most like to change about your life?

3. What behaviors/mindsets have kept you in this place?

4. First, we're going to pray about it. There were a few times in my life when I was praying for money. In all of the cases, God opened the door for me to work so I could make the money we were asking God for. In what ways might God be opening the door for the things you are asking him for? (If you want to be healthier, it may be God providing someone to go to the gym with you.)

5. What steps can take you out of where you are right now?

6. Who will walk through this with you?

7. How can you honor God through these small, attainable steps you are going to take?

“Don't  
be  
afraid;  
just  
believe.”  
Mark  
5:36

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8. Jesus told Jairus, “Don’t be afraid. Just believe.” What do you fear? What worries do you struggle to give to God.

9. How would you respond differently to those fears if Jesus himself stood before you saying, “Don’t be afraid. Just believe?”

**Big idea:** God gives us power to move past our struggles. He doesn’t want us to be trapped in sin forever. He walks with us so we don’t have to be afraid.

**Action Step:** Pray. Find an accountability partner. Small steps forward.

**Prayer:** Dear Lord, Take away my fear and give me the courage that comes from walking with you. Equip me to make the decisions I need to make so I am no longer in bondage to Satan’s schemes. Give me the people who will help me, motivate me and keep me on the right track. In Jesus’ name. Amen.